

Management of Risks From Water and Ice From Ice Machines for the Very Immunocompromised Host: A Process Improvement Project Prompted by an Outbreak of Rapidly Growing Mycobacteria on a Pediatric Hematopoietic Stem Cell Transplant (Hsct) Unit

Amanda Guspiel, MPH;¹ Jeremiah Menk, MS;² Andrew Streifel, MPH;³ Keith Messinger, CHFM;⁴ John Wagner, MD;⁵ Patricia Ferrieri, MD;⁶ Susan Kline, MD, MPH⁷

BACKGROUND. In 2011, pediatric hematopoietic stem cell transplant (HSCT) patients were moved from an older hospital to a new children's hospital. To minimize bacterial growth in the new hospital's water during construction, the plumbing system was flushed and disinfected before occupancy. However, 6 months after occupancy, an increased incidence of rapidly growing mycobacteria (RGM) was detected in clinical cultures. Over 10 months, 15 pediatric HSCT patients were infected, while no pediatric HSCT patients had been infected in the preceding 12 months.

OBJECTIVE. To determine the cause of the outbreak and to interrupt patient acquisition of RGM.

METHODS. Water samples were collected from water entering the hospital and from drinking water and ice machines (DWIMs) from the old and new hospitals. Total heterotrophic plate counts (HPCs, CFU/mL) of water were undertaken, and select isolates were identified as RGM.

RESULTS. The cause of the outbreak was increased bacterial levels in the water (including RGM) in the DWIMs in the new (2011) hospital. Tests revealed higher HPCs in drinking water and ice from the DWIMs in the new hospital than in the DWIMs in the old hospital. Ultimately, HPCs were reduced by several different interventions.

CONCLUSION. In response to an RGM outbreak, HSCT patients were banned from ingesting DWIM ice and water and bottled water was provided. Since this intervention 4 years ago, no additional RGM isolates have been identified in HSCT patient cultures. Our measures to reduce HPCs to goal levels in drinking water from DWIMs were successful, but the HPCs for ice have not consistently reached the goal of <500 CFU/mL.

Infect Control Hosp Epidemiol 2017;1–9

In April 2011, all pediatric inpatients at our hospital were moved to a newly built children's hospital building across the Mississippi River from the old hospital building (built in 1986).¹ During construction of the new hospital, the infection risk mitigation process included consideration of pipe material, flushing of water distribution systems, and disinfection to

minimize the presence of microorganisms in the water. In 1998, an outbreak of bacteremia resulting from rapidly growing mycobacteria (RGM) occurred among hematopoietic stem cell transplant (HSCT) patients in the old hospital, and we traced the cause to water contamination of central venous lines during showering.² Because RGM were present in the city water, we

Affiliations: 1. University of Minnesota Health and University of Minnesota Health Masonic Children's Hospital, Minneapolis, Minnesota; 2. Biostatistical Design and Analysis Center (BDAC), Clinical and Translational Science Institute (CTSI), University of Minnesota, Minneapolis, Minnesota; 3. Environmental Health Department, University of Minnesota, Minneapolis, Minnesota; 4. University of Minnesota Health and Masonic Children's Hospital, Minneapolis, Minnesota; 5. Department of Pediatrics, Hematology-Oncology, University of Minnesota, Minneapolis, Minnesota; 6. Department of Laboratory Medicine and Pathology, University of Minnesota and Infectious Disease Diagnostic Lab, University of Minnesota Medical Center and University of Minnesota Masonic Children's Hospital, Minneapolis, Minnesota; 7. Department of Medicine, Infectious Disease Division, University of Minnesota and University of Minnesota Health and University of Minnesota Health and University of Minnesota Masonic Children's Hospital, Minneapolis, Minnesota. (Present affiliations: Infection Prevention Department, Allina Health East Region, St. Paul, Minnesota [A.G.]; Facilities Department, Lakeview Hospital, Stillwater, Minnesota [K.M.].)

PREVIOUS PRESENTATION: These data were presented in part on 2 occasions: First, Guspiel, Messinger, Stebbins, and Streifel presented an abstract and poster at the Association for Professionals in Infection Control and Epidemiology (APIC) 2013 Annual Meeting, Fort Lauderdale, Florida on June 8–10, 2013, titled "What Is the Risk for Patients Ingesting Ice and Water from Your Facilities Ice Machines? A Process Improvement Project." The abstract was published in June 2013 in the *American Journal of Infection Control* 2013;41(6 Suppl):S69–S70. Second, Kline S, Guspiel A, Streifel A, et al. presented an abstract and poster at the Infectious Disease Conference: IDWeek 2013, in San Francisco, California, on October 5, 2013, titled "Outbreak Investigation into an Increased Incidence of Non-tuberculous Mycobacterium in Sputum Cultures in Pediatric Blood and Marrow Transplant Patients."

Received November 6, 2016; accepted March 19, 2017

© 2017 by The Society for Healthcare Epidemiology of America. All rights reserved. DOI: 10.1017/ice.2017.73

regularly flushed the new hospital water system during pre-occupancy to bring fresh chloramine-treated water through the plumbing. Water was sampled. Plumbing fixtures were functional 1 year prior to patient occupancy. Drinking water and ice machines (DWIMs) were installed in the new hospital 2 weeks prior to patient occupancy. Despite these efforts, pediatric HSCT patients became colonized with RGM at an increased incidence soon after the new hospital opened.³ These clinical cases of these 15 patients have been described in a separate report.³

We sought to determine the cause of the outbreak and to eradicate the source of infection. Nontuberculous mycobacteria (NTM) are relatively resistant to chloramine and are present in many municipal water supplies; a US Environmental Protection Agency (EPA) survey found mycobacteria in 61% of hospital water samples.^{4–6} NTM cause nosocomial outbreaks and pseudo-outbreaks.⁷ In contrast to the RGM bacteremia outbreak in our old hospital, this recent outbreak resulted primarily in positive RGM cultures from sputum, throat, or gastrointestinal sites.^{2,3} Therefore, we investigated potential ingested water sources. Water and ice from DWIMs quickly became the focus of our investigation in the new hospital, and we compared these results with results from the DWIMs in the old building.

METHODS

From April 2012 to December 2014, >5,000 water samples were collected from the city water supply entering the new hospital. We tested drinking water from the hospital domestic water system (ie, shower, hand-wash sink, and patient sink) and surge tanks, water hammer arrestors, and points leading to and inside the 4 DWIMs that served the pediatric HSCT patients: 2 from the blood and marrow transplant (BMT) ward and 2 from the pediatric intensive care unit.

On an approximately weekly basis, we tested 3 types of water samples from the 4 DWIMs: (1) the first water from the machine (ie, first-drop water), (2) water collected after the line was allowed to flushed for 30 seconds (ie, 30-second water), and (3) water collected from melted ice that was collected from the ice machine dispenser (ie, ice). Standard methods were used for the evaluation of water.⁸ Samples were collected in sterile cups containing sodium thiosulfate to neutralize chlorine at time of collection. Serial dilutions were run through a 0.45- μ m membrane filter placed on Reasoner's 2 agar and incubated at 35°C for 7 days before colony-forming units (CFU/mL) were counted. The 7-day incubation was chosen because RGM colonies are not visible after 48 hours of incubation.

To identify a strategy for ameliorating bacterial burden and escalation in the 4 DWIMs, a number of strategies were tested: (1) flushing ice and water frequently, (2) using 0.005-, 0.15-, and 0.20- μ m water filters, (2) cleaning and disinfecting DWIMs, (3) changing piping to copper, (4) installing silver-impregnated machine components and silver filters, and (5) ultraviolet germicidal irradiation and ozone disinfection

(UV/ozone). Water and ice samples were collected before and after these interventions, samples were cultured, and HPCs were determined and compared (Table 1).

Thresholds for these interventions were chosen based on the water and ice HPCs from DWIMs in the old building because those levels had been safe for ingestion by the HSCT patients, and neither RGM bacteremia nor increased amounts of RGM in sputum or gastrointestinal tract cultures had been observed. At first, the target thresholds for total HPC were 500 CFU/mL at 48 hours of incubation (ie, the EPA drinking water standard).⁹ We changed the thresholds (after 7 days incubation) to <500 CFU/mL as the goal, with 1,000 CFU/mL as the target and 4,000 CFU/mL as the action point.

Statistical Methods

For first-drop, 30-second, and ice water samples from each DWIM, the log-CFU was used due to the large positive skew for the distribution of CFU. For each DWIM, we recorded sample type, intervention, HPC, and percentage by which the sample exceeded the threshold (Table 1).

To estimate changes in the mean log-CFU by intervention type, a first-order, autoregressive, segmented regression model was used to estimate the mean level of change for each intervention type separately for each DWIM and location (Table 1). The segmented interventions were included as binary indicators. Interventions were believed to be immediate and relatively constant due to the recurring filter replacement schedule; therefore, slope changes were not parameterized and estimated. Seasonality was not believed to affect drinking water; this hypothesis was corroborated by comparing the Akaike Information Criterion (AIC) when fitting a model with and without a seasonal component. The mean change for each main effect and a 95% confidence interval (CI) were calculated. The models assumed an autoregressive-1 (AR1) correlation over time. Descriptive scatter plots were used to assess the impact of each intervention on log-CFU from each sample; Friedman's smooth lines were created to examine trends in the log-CFU over time.

We analyzed the main effects of the following interventions: (1) UV and ozone disinfection on machine 1, (2) a 0.005- μ m filter combined with flushing for machine 2, (3) 3 filter sizes, silver-impregnated components and silver filter, and UV and ozone disinfection for machine 3, and (4) 3 filter sizes and silver-impregnated components and silver filter for machine 4. For machine 1, the single observation labeled "nonflushing" was removed because it was the sole observation of this type. Similarly, a single observation labeled "nonsilver" was removed from machine 2 analysis.

RESULTS

Between July 2011 and April 2012, 15 patients developed RGM colonization ($n = 10$) and/or infection ($n = 6$) (Figure 1).³ A 2-year retrospective revealed (1) no positive RGM cultures in this patient population and (2) a significant rate difference

TABLE 1. Interventions to Reduce Rapidly Growing Mycobacteria in 4 Drinking Water and Ice Machines (DWIM) From a Children's Hospital

Machine	Water Sample Type	Filter, µm	DWIM Components	Flushing	UV/ Ozone	No. of Samples	Goal <500 CFU/mL (%)	Target <1,000 CFU/mL (%)	Action <4,000 CFU/mL (%)	Median CFU/mL (range)	Mean log CFU/mL change for each main effect (with 95% CI)
1	First drop	0.15	Silver	Nonflushing	Non-UV	1	0 (0)	0 (0)	0 (0)	20,400 (20,400–20,400)	
				Flushing	Non-UV	37	5 (13.5)	17 (45.9)	31 (83.8)	1,100 (200–78,000)	
				Flushing	UV	45	44 (97.8)	44 (97.8)	45 (100)	100 (1–3,100)	–3.429 (–4.140, –2.717)
1	30 s	0.15	Silver	Nonflushing	Non-UV	1	0 (0)	0 (0)	0 (0)	9,700 (9,700–9,700)	
				Flushing	Non-UV	38	29 (76.3)	33 (86.8)	36 (94.7)	272.5 (30–7,000)	
				Flushing	UV	45	45 (100)	45 (100)	45 (100)	1 (1–217)	–4.847 (–5.339, –4.356)
1	Ice	0.15	Silver	Nonflushing	Nonozone	1	0 (0)	0 (0)	0 (0)	14,700 (14,700–14,700)	
				Flushing	Nonozone	39	4 (10.3)	4 (10.3)	11 (28.2)	9,450 (100–199,500)	
				Flushing	Ozone	45	2 (4.4)	4 (8.9)	6 (13.3)	14,400 (100–146,000)	–0.597 (–2.330, 1.136)
2	First drop	0.15 silver	Nonsilver	Nonflushing	Non-UV	1	0 (0)	0 (0)	0 (0)	30,000 (30,000–30,000)	
		0.15 silver	Silver	Nonflushing		67	6 (9)	10 (14.9)	27 (40.3)	5900 (60–300,000)	
		0.005	Silver	Flushing		45	43 (95.6)	45 (100)	45 (100)	135 (10–570)	–3.859 (–4.567, –3.151)
2	30 s	0.15 silver	Nonsilver	Nonflushing	Non-UV	1	0 (0)	0 (0)	0 (0)	30,000 (30,000–30,000)	
		0.15 silver	Silver	Nonflushing		68	33 (48.5)	43 (63.2)	64 (94.1)	540 (0–9,700)	
		0.005	Silver	Flushing		45	45 (100)	45 (100)	45 (100)	11 (2–191)	–3.433 (–4.114, –2.752)
2	Ice	0.15 silver	Nonsilver	Nonflushing	Non-UV	1	0 (0)	0 (0)	1 (100)	2,900 (2,900–2,900)	
		0.15 silver	Silver	Nonflushing		67	5 (7.5)	6 (9)	18 (26.9)	8,400 (0–48,000)	
		0.005	Silver	Flushing		45	10 (22.2)	15 (33.3)	27 (60)	3,500 (10–11,400)	–6.991 (–10.280, –3.702)
3	First drop	5	Retro-silver	Nonflushing	Non-UV	12	0 (0)	0 (0)	2 (16.7)	5,800 (3,000–300,000)	
		5	Silver		Non-UV	7	2 (28.6)	3 (42.9)	6 (85.7)	1,060 (0–4,500)	–3.201 (–4.638, –1.765)
		0.2	Silver		Non-UV	40	5 (12.5)	19 (47.5)	30 (75)	1,100 (300–37,000)	1.260 (0.014, 2.505)
		0.005	Silver		Non-UV	18	15 (83.3)	16 (88.9)	17 (94.4)	169.5 (48–108,289)	–0.569 (–1.928, 0.791)
		0.005	Silver		UV	45	45 (100)	45 (100)	45 (100)	1 (1–300)	–4.564 (–5.421, –3.707)
3	30 s	5	Retro-silver	Nonflushing	Non-UV	10	0 (0)	0 (0)	3 (30)	15,100 (2,100–51,000)	...
		5	Silver		Non-UV	8	2 (25)	8 (100)	8 (100)	860 (151–990)	–2.968 (–4.027, –1.910)
		0.2	Silver		Non-UV	37	29 (78.4)	31 (83.8)	36 (97.3)	190 (21–4100)	–1.199 (–2.070, –0.328)
		0.005	Silver		Non-UV	18	18 (100)	18 (100)	18 (100)	30 (8–191)	–2.864 (–3.817, –1.911)
		0.005	Silver		UV	45	44 (97.8)	45 (100)	45 (100)	1 (1–910)	–2.811 (–3.435, –2.186)
3	Ice	5	Retro-silver	Nonflushing	Nonozone	12	0 (0)	1 (8.3)	5 (41.7)	4,100 (960–300,000)	...
		5	Silver		Nonozone	7	5 (71.4)	5 (71.4)	6 (85.7)	132 (10–29,100)	–2.143 (–4.539, 0.253)
		0.2	Silver		Nonozone	40	2 (5)	5 (12.5)	9 (22.5)	10,950 (100–75,000)	2.021 (–0.227, 4.269)
		0.005	Silver		Nonozone	18	3 (16.7)	4 (22.2)	4 (22.2)	57,500 (200–362,000)	3.278 (0.872, 5.684)
		0.005	Silver		Ozone	45	0 (0)	0 (0)	11 (24.4)	19,500 (1,000–172,000)	–0.814 (–2.417, 0.790)
4	First drop	0.15 silver	Retro-silver	Nonflushing	Non-UV	12	1 (8.3)	2 (16.7)	7 (58.3)	3,400 (480–30,000)	...
		0.15 silver	Silver			20	2 (10)	3 (15)	12 (60)	3,400 (100–105,000)	–0.189 (–1.408–1.030)
		0.2	Silver			45	6 (13.3)	12 (26.7)	25 (55.6)	3500 (111–38,000)	–0.493 (–1.411, 0.425)
		0.005	Silver			45	44 (97.8)	45 (100)	45 (100)	30 (1–790)	–4.874 (–5.795, –3.952)
4	30 s	0.15 silver	Retro-silver	Nonflushing	Non-UV	9	2 (22.2)	3 (33.3)	5 (55.6)	1,700 (300–30,000)	...
		0.15 silver	Silver			20	12 (60)	16 (80)	19 (95)	385 (60–18,700)	–1.330 (–2.542, –0.119)
		0.2	Silver			47	24 (51.1)	38 (80.9)	45 (95.7)	480 (0–8,600)	–0.285 (–1.113, 0.542)
		0.005	Silver			45	45 (100)	45 (100)	45 (100)	1 (1–111)	–4.861 (–5.682, –4.040)
4	Ice	0.15 silver	Retro-silver	Nonflushing	Nonozone	11	0 (0)	0 (0)	2 (18.2)	15,000 (2000–300,000)	
		0.15 silver	Silver			20	6 (30)	7 (35)	11 (55)	2,905 (0–40,000)	–2.728 (–4.413, –1.043)
		0.2	Silver			47	2 (4.3)	3 (6.4)	7 (14.9)	15,700 (100–260,500)	2.468 (1.256, 3.680)
		0.005	Silver			45	0 (0)	0 (0)	9 (20)	16,500 (1,000–200,000)	2.267 (1.0363, 3.497)

NOTE. DWIM, drinking water and ice machine; CFU, colony-forming units; UV, ultraviolet germicidal irradiation; ozone, disinfection; silver, silver-impregnated machine components, retrofitted and commercially available.

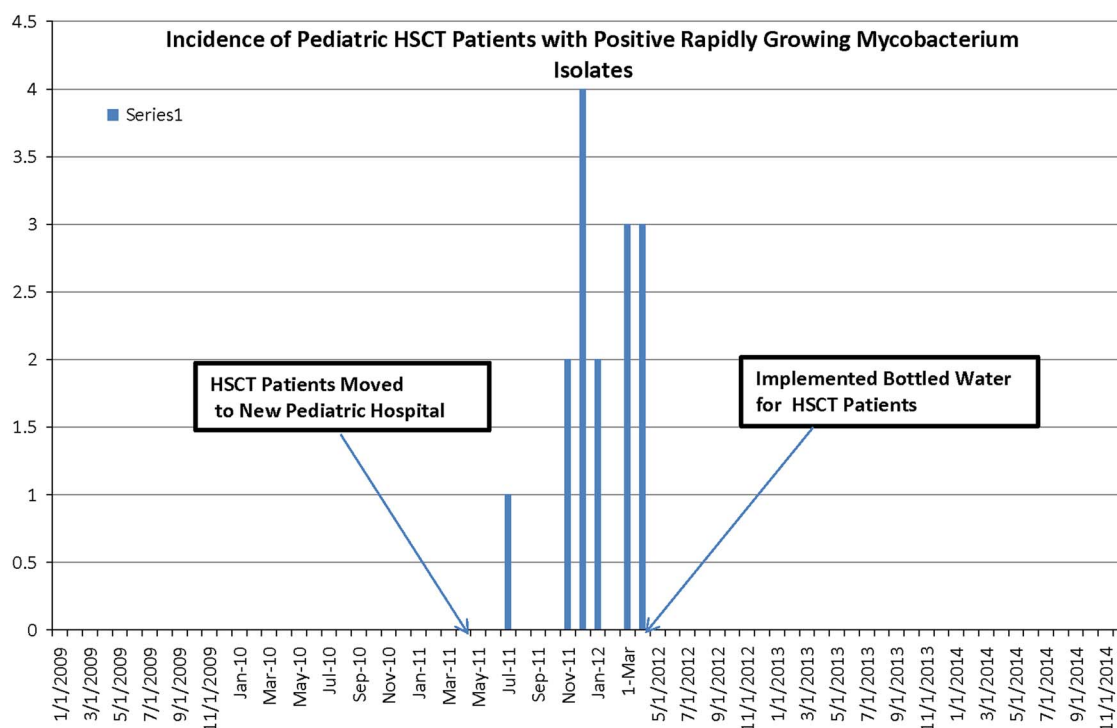


FIGURE 1. Epidemiological Curve showing onset of outbreak of pediatric hematopoietic stem cell transplant (HSCT) patients with positive rapidly growing mycobacteria (RGM) isolates starting shortly after the move to a new children's hospital building.

in these 2 periods, that is, 0 cases per 11,468 inpatient days (January 2009 to March 2011) compared with 15 cases per 6,920 inpatient days (April 2011 to April 2012). Using an exact-rate ratio test (assuming a Poisson distribution is appropriate), rate ratio is estimated as 0.00 (95% CI, 0–0.168; $P < .001$). Finally, consumption of hospital DWIM water and ice was prohibited for pediatric HSCT patients, and commercial bottled water was thereafter provided to these patients. Bottled water from multiple distributors was tested for bacterial colony counts. The brand with the least colony formation (ie, mean <1 CFU/mL) was used thereafter for HSCT patients. Since the bottled water intervention began in the pediatric HSCT population 4 years ago, RGM has not been detected in this patient population in our hospital.

Prior to patient occupancy in the new hospital, bacterial HPC levels in first-drop water ranged from 350 to 3,400 CFU/mL. Disinfection of the domestic water system was performed twice using premixed chlorine (50 ppm) that was allowed to dwell for 12 hours, followed by flushing. Initial disinfection 14 weeks prior to occupancy reduced bacterial HPC, from 1,980 CFU/mL to 47 CFU/mL, but higher bacterial counts returned within 2 weeks. Repeating disinfection 4 days prior to occupancy reduced colony counts from 1,720 CFU/mL to 47 CFU/mL.

After the new hospital had been occupied for 6 months, an increase in RGM isolates (*Mycobacterium chelonae*, *M. abscessus*, and *M. immunogenum*) in the clinical cultures of pediatric HSCT patients was observed, and water testing began.³ Water

cultures with the highest bacterial HPCs (ie, $>100,000$ CFU/mL) were identified in the drinking water and ice from the DWIMs. Isolates from DWIM cultures were identified as *M. chelonae* or *M. abscessus* and *M. mucogenicum* or *M. phocaicum*.³ Samples revealed acceptable colony counts (1–2,610 CFU/mL) at the point of water entry into the new hospital; most HPCs were <500 CFU/mL, suggesting escalation within the hospital water distribution system. Sampling of water at multiple points within the hospital showed acceptable HPCs up to the entry point of water into the DWIMs.

When HPCs from drinking water and ice from the DWIMs in the new and the old hospitals were compared, significant differences were observed. The new hospital's DWIMs were similarly designed and were from the same manufacturer, but they held twice the volume. The old hospital unit had a single 12-pound ice machine serving 25 patients. The new hospital had four 25-pound ice machines serving 24 patients and, thus, an 8-fold increase in the volume of DWIM. The old hospital's DWIM had counts consistently between 0 and 5,000 CFU/mL in the water and between 0 and 4,000 CFU/mL in the ice. The new hospital's HSCT unit DWIM at baseline had HPCs as high as 300,000 CFU/mL in water and 780,000 CFU/mL in ice.

Interventions

All four 25-pound ice machines were replaced with 2 smaller 12-pound ice machines per hospital floor. The manufacturer

retrofitted these newly purchased 12-pound ice machines with silver-impregnated components. These field-tested machines performed better than expected (Table 1). Ice machines with silver-impregnated components then became commercially available, and 2 new silver-impregnated 12-pound ice machines were purchased for the HSCT unit. To minimize bacterial growth in the water pipes, polycarbonate tubing was replaced with copper tubing in the DWIMs and their connection tubing wherever possible. Copper-tubing supply connections to the DWIMs alone did not have a large impact, and high HPCs were observed.

In total, 5 DWIMs were flushed to run more water through the HSCT unit plumbing. A continuous flow drain was installed for flushing the water lines feeding DWIMs 1 and 2 on the BMT unit at 5.7 L (1.5 gallons) per minute. Because drinking water and ice from the DWIM were not being used by patients, simulations of ice machine usage on the unit via flushing was initiated to produce a more accurate result from the water tests related to our trial interventions.

In addition to the continuous flow drain, engineering staff flushed the ice and water from the DWIM twice per day, which entailed dumping the ice bin and flushing the drinking water for 3 minutes. Water was cultured before and after water filtration

using different water filters. Pre- and postfilter ports were used to collect samples to determine filter performance. The greatest reduction in HPC was observed with the 0.005- μ m filter (Table 1). An additional combination intervention included UV germicidal irradiation and ozone disinfection. The UV treatment occurred at the point of use, and the ozone device was added to treat the ice in the ice bin. Results are shown in Table 1 and Figures 2–5.

DWIM cleaning and sanitizing procedures were audited by an outside vendor. We learned that our DWIM cleaning was excellent. Cleaning was performed every 6 months following the manufacturer's instructions with the exception of installing new 0.005- μ m filters every 6 months. Culturing of the DWIM prior to the manufacturer's recommended cleaning schedule showed high HPCs in the ice machine bin and reservoir, suggesting that routine cleaning practices may not reduce the HPC in the DWIM to acceptable levels for safe consumption of ice by HSCT patients.

For machine 1, the UV/ozone disinfection intervention reduced 30-second water HPCs to very low levels. This intervention also brought reduced the HPCs of first-drop water below goal levels; however, HPCs were higher in first-drop water than in 30-second water. This machine had been fitted

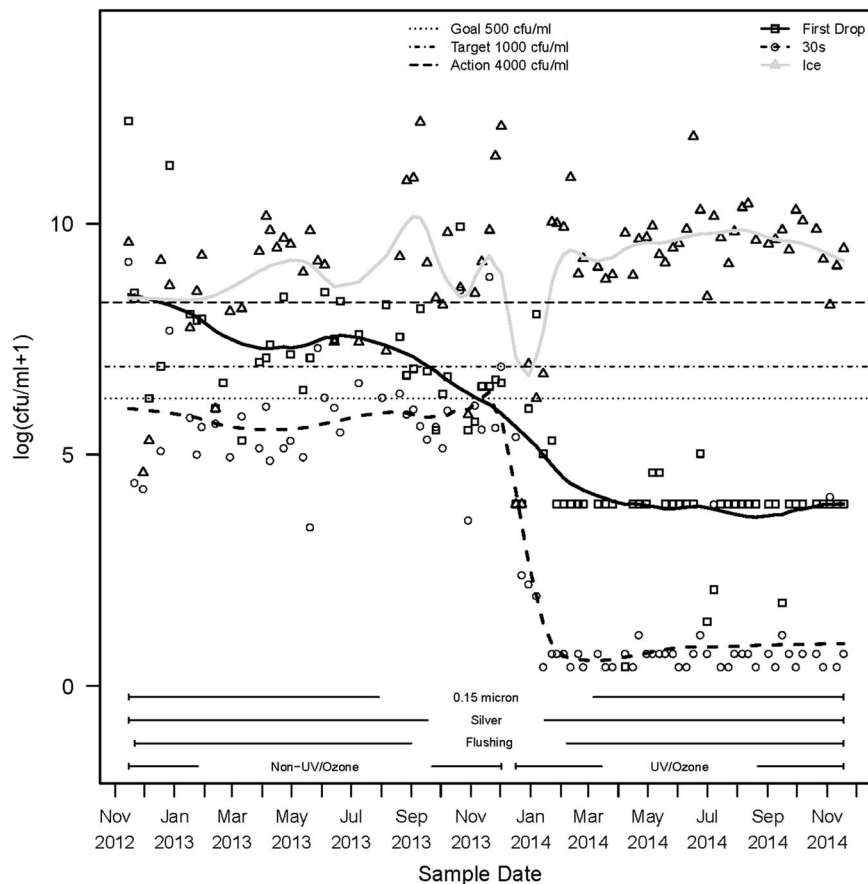


FIGURE 2. Drinking water and ice machine (DWIM) 1 water and ice. Heterotrophic plate counts (HPCs; CFU/mL) and effects from interventions.

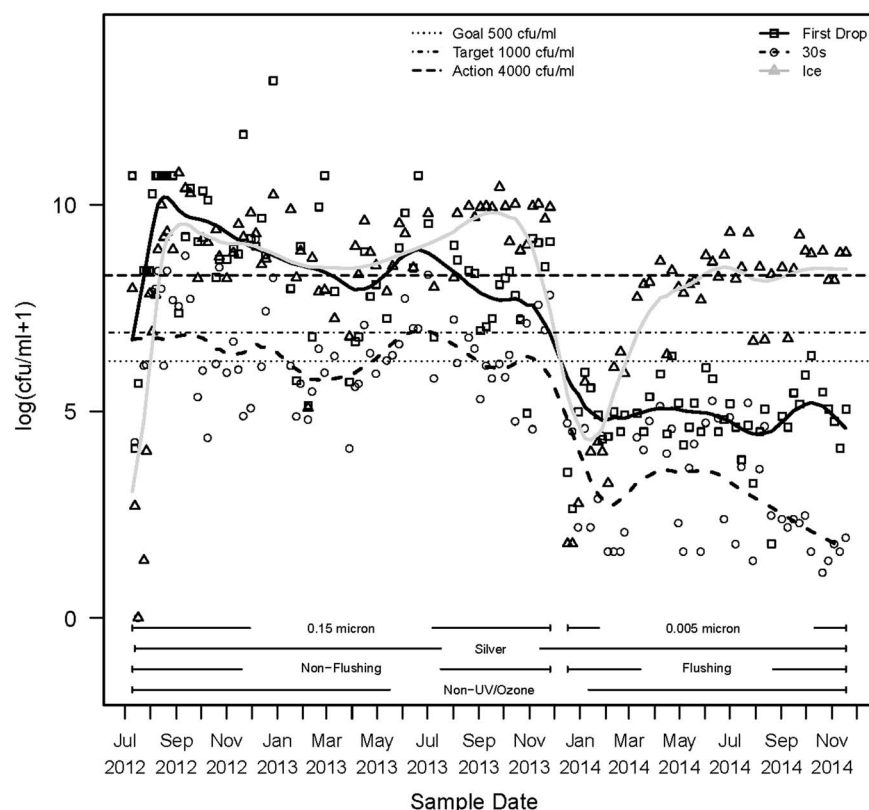


FIGURE 3. Drinking water and ice machine (DWIM) 2 water and ice. Heterotrophic plate counts (HPCs; CFU/mL) and effects from interventions.

with a 0.15- μ m filter and silver-impregnated internal components. However, a very significant reduction remained in the mean log-CFU of first-drop and 30-second water pre- and postinstallation of the UV/ozone devices in the DWIMs.

For machine 2, a significant sustained reduction in the first-drop and 30-second water to below goal levels when the means of the pre- and postinstallation samples of the 0.005- μ m filter plus programmed automatic intermittent flushing were compared. A significant change in the ice HPC was also noted after the 0.005- μ m filter plus flushing intervention, but this effect was not sustained.

Machine 3 showed the most marked reduction in HPCs in first-drop and 30-second water using a combination of 0.005- μ m filter plus UV/ozone disinfection. HPCs of first-drop and 30-second water were consistently below goal levels; however, ice never met goal levels. This machine had silver-impregnated components, and the flushing procedure was not performed. First-drop water met acceptable HPC levels with the 0.005- μ m filter alone. When combined with UV/ozone disinfection, the first-drop water had a much lower HPC, which approached the HPC levels of the 30-second water.

Machine 4 was not fitted with UV/ozone disinfection devices, and the 0.005- μ m filter alone did reduce first-drop and 30-second water HPCs to levels consistently below the

goal. Silver-impregnated components did have some effect, but it was confounded by the effect of the 0.005- μ m filter.

For all machines, UV/ozone disinfection as a single intervention had the strongest effect on HPCs, even compared with the 0.005- μ m filter alone. The 0.005- μ m filter alone had a significant effect on HPCs, but not as powerful as UV/ozone disinfection. The combination of the 0.005- μ m filter plus UV/ozone disinfection was very effective in reducing HPCs in both first-drop and 30-second water to levels consistently below the goal.

Silver impregnating of DWIM components appeared to be beneficial, but alone it was not powerful enough to bring water HPCs to goal levels. Cleaning the machines had a somewhat limited short-term effect. Temporary dips were seen in the ice HPCs, but they quickly rebounded. All of the interventions, alone or in combination, were unable to achieve ice HPCs consistently below goal levels.

DISCUSSION

Infection prevention specifications for plumbing are often not considered during design and construction of hospitals. We were surprised by the difficulty in maintaining microbial control in the new hospital plumbing system. During our

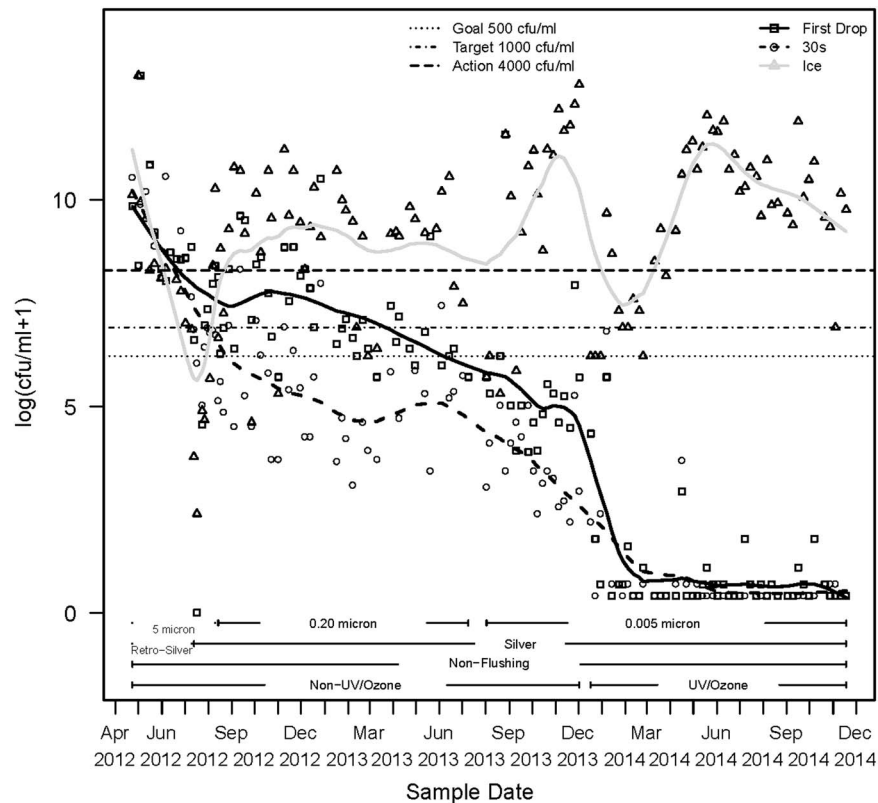


FIGURE 4. Drinking water and ice machine (DWIM) 3 water and ice. Heterotrophic plate counts (HPCs; CFU/mL) and effects from interventions.

investigations of floor plumbing diagrams, we discovered that patient floor plumbing was designed to mitigate low-water-pressure problems. Cross connections formed a loop to alleviate pressure issues. Cross-connected sections can remain stagnant or neutral, making disinfection more difficult.

Hospital designers installed larger-capacity DWIMs so that nurses would have access to ice and water close to patients. The unintended consequence was decreased water and ice usage per machine. Stagnant water and ice promoted RGM growth greater than that observed in the old hospital, thus putting pediatric HSCT patients at risk. Our goal was to achieve a safe bacterial level (<500 CFU/mL) in water and ice to allow our HSCT patients to use the DWIMs again.

Several variables likely affected the ice HPCs: water source, volume used, plumbing design, and materials. Because more ice was produced and held in the ice machine, we postulated that water and ice were held for longer periods, thereby promoting increased growth of RGM. A temperature tracking device placed inside the DWIM showed temperatures from 21.1°C to 33.3°C (70°F to 92°F) inside the DWIM, surrounding the area where water is held prior to making ice, and this is an optimal growth temperature for RGM.¹⁰

The current HPC for US water was established using 48-hour incubation. RGM grow more slowly than gram-negative bacteria, requiring longer incubation times to become

visible. The HPCs were the same at 48 hours as at 5 days, but stereoscopic efforts were required because they cannot be seen with the naked eye. We noted that RGM appeared on culture plates after 5 days of incubation.

A collaborative effort is needed to determine the level of sanitization for DWIM production of ice and water required to meet the safety needs of severely immunocompromised patients. The focus needs to extend beyond *Legionella* as a waterborne pathogen and needs encompass all waterborne pathogens, such as RGM.¹¹ Also, water treatment with chloramination while decreasing *Legionella*, may increase RGMs in potable water and may change the microflora and biofilms of water distribution systems.^{11,12} The American National Standards Institute/American Society of Heating, Refrigerating and Air-Conditioning Engineers (ANSI/ASH-REA) Standard 188, initially established to regulate minimum legionellosis risk management requirements for building water systems, has changed the emphasis for hospital administrators, who should now be concerned about all microbial content (ie, all genus/species) in water used in health care.¹¹

In summary, HSCT patients were vulnerable to acquiring RGM colonization and infection from ingesting water and ice with high HPCs from the potable water system. We succeeded in reducing water HPCs to acceptable levels. Despite our interventions, however, we could not consistently achieve goal

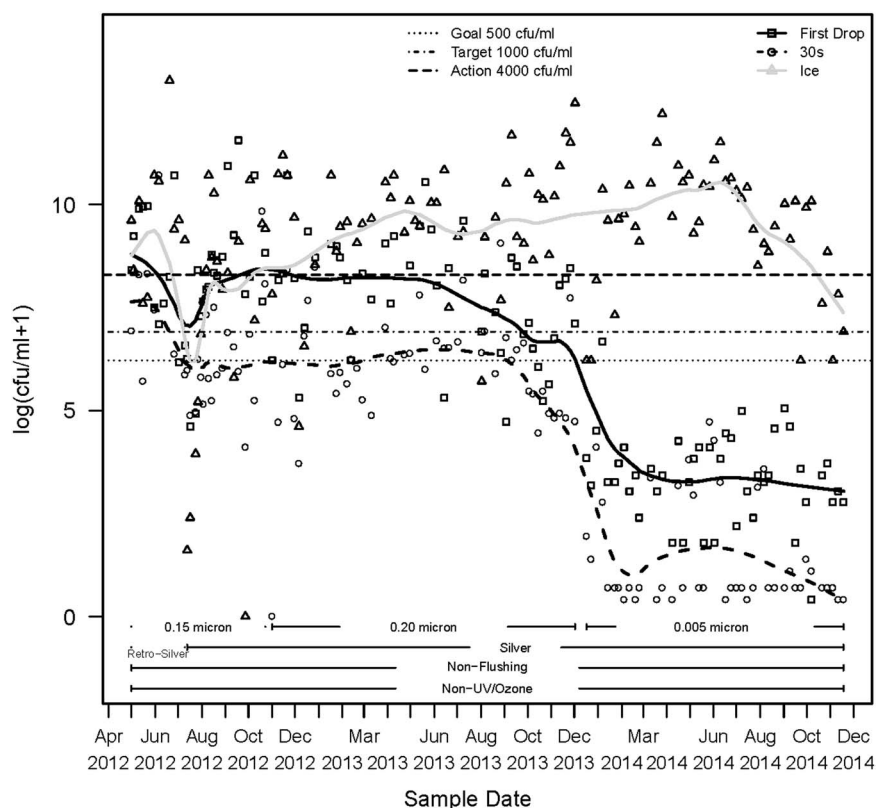


FIGURE 5. Drinking water and ice machine (DWIM) 4 water and ice. Heterotrophic plate counts (HPCs; CFU/mL) and effects from interventions.

levels in ice. Further research is needed in this area to get DWIMs to make ice with consistently low HPCs.

The HPCs in our children's hospital DWIMs have consistently met goal levels for 4 years; thus, we are recommending that HSCT patients be allowed to drink water directly from the DWIMs. We have added the 0.005- μ m filter and silver-impregnated components as well as and copper tubing to all DWIMs in the new hospital, and we plan to add UV disinfection devices to all machines used by HSCT patients.

Because the ice HPCs have not met goal levels, HSCT patients are not allowed to ingest the ice. To replace the previously used ice chips, nurses currently freeze the unopened bottles of water and allow patients to drink that ice water as it melts.

We plan to closely monitor the DWIMs in the new hospital and to continue water and ice cultures monthly. We will take action to decrease levels if they increase. We continue to watch for any RGM isolates in HSCT patient cultures, and we plan to reinstitute the bottled water policy if any RGM isolates are detected while we investigate the causes further.

ACKNOWLEDGMENTS

Financial support: No financial support was provided relevant to this article.

Potential conflicts of interest: All authors report no conflicts of interest relevant to this article.

Address correspondence to Susan Kline, MD, MPH, 420 Delaware St SE, MMC 250, Minneapolis, MN 55455 (Kline003@umn.edu).

REFERENCES

1. Murray WA, Streifel AJ, O'Dea TJ, Rhame FS. Ventilation for protection of immune compromised patients. *Am Soc Heat Refrig AC Engin Trans* 1988;98:1185–1192.
2. Kline S, Cameron S, Streifel A, Yakus MA, Peacock K, Besser J, Cooksey RC. An outbreak of bacteremias associated with *Mycobacterium mucogenicum* in a hospital water supply. *Infect Control Hosp Epidemiol* 2004;25:1042–1049.
3. Iroh-Tam PY, Kline S, Wagner J, et al. Rapidly growing mycobacteria among pediatric hematopoietic cell transplant patients traced to the hospital water supply. *Pediatr Infect Dis J* 2014;33:1043–1046.
4. Covert T, Rodgers M, Reyes A, Stelema G. Occurrence of non-tuberculous mycobacteria in environmental samples. *Appl Environmental Microbiol* 1999;65:2492–2496.
5. Goslee S, Wolinsky E. Water as a source of potentially pathogenic mycobacteria. *Am Rev Respir Dis* 1976;113:287–292.
6. duMoulin G, Stottmeier K. Waterborne mycobacteria: an increasing threat to health. *ASM News* 1986;52:525–529.
7. Wallace RJ, Brown B, Griffith D. Nosocomial outbreaks/pseudoutbreaks caused by nontuberculous mycobacteria. *Ann Rev Microbiol* 1998;52:453–490.

8. Eaton AD, Clesceri LS, Greenberg AE. *Standard methods for the examination of water and wastewater*. Washington, DC: American Public Health Association; 1998. pp. 9–41.
9. Safe Drinking Water Act: 43 USC paragraph 300f et seq 1974. US Environmental Protection Agency website. <https://www.epa.gov/ground-water-and-drinking-water/table-regulated-drinking-water-contaminants>. Published 1974. Accessed 2016.
10. Mayhall G. Nontuberculous mycobacteria. In: Mayhall G, ed. *Hospital Epidemiology and Infection Control*. 4th ed. Philadelphia: Lippincott, Williams, and Wilkins; 2012:chap 39.
11. American National Standards Institute. Legionellosis: risk management for building water systems, standard 188-2015. American Society of Heating, Refrigerating and Air-Conditioning Engineers website. www.ASHRE.org. Published 2015. Accessed March 27, 2017.
12. Pryor M, Springthorpe S, Riffard S, et al. Investigation of opportunistic pathogens in municipal drinking water under different supply and treatment regimes. *Water Sci Technol* 2004;50:83–90.